The Pinhole Surgical Technique is a scalpel-free, suture-free, graft-free, minimally invasive procedure for correcting gum recession and saving teeth. Through a small hole made by a needle, specially designed instruments are used to gently loosen the gum tissue and glide it over the receded part of the tooth. Since there is no cutting or stitching, patients can expect minimal post-operative symptoms (pain, swelling and bleeding). Patients are pleasantly surprised by the instant cosmetic improvement. Most patients are able to resume light normal activities within 24-48 hours after treatment. (excluding working out and strenuous activities)